ᕿᒥᕐᕈᔭᐅᓂᕐᒧᑦ ᐊᑐᐊᒐᐃᑦ: ᐊᐱᖅᑯᑎᐅᒐᔪᑦᑐᑦ

ᐃᓄᓐᓃᖕᒐᖅᑐᓂᒃ ᕿᒥᕐᕈᔭᐅᕐᑯᔭᐅᔪᓂᒃ ᐅᓐᓂᓪᓗᑎᐅᔪᓄᓪᓗ ᑭᓪᓕᓯᓂᐊᖅᑎᒃᑯᑦ ᐊᑦᑐᐊᖏᑦᑐᑦ ᑲᓇᑕᐅᑉ ᐸᓛᓯᒃᑯᖏᓐᓄᑦ.

ᐃᒻᒥᒃᑰᑦᓯᐊᖅᓱᑕ ᒐᕙᒪᑐᖅᑲᒃᑯᓐᓄᑦ ᐃᖅᑲᓇᐃᔭᕐᕕᕐᑯᑎᒋᔭᐅᔪᒍᑦ.

ᐅᓐᓂᓪᓗᑎᐅᔪᓂᒃ ᑭᓪᓕᓯᓂᐊᖅᑎᒃᑯᑦ ᐋᖅᑭᑦᓱᖅᑕᐅᓯᒪᔪᑦ ᑖᒃᑯᓄᖕᒐ ᑭᓪᓕᓯᓂᐊᖅᑎᑯᓐᓄᑦ ᐃᓚᒋᔭᐅᔪᓄᑦ ᑎᒃᑯᐊᖅᑕᐅᓯᒪᓪᓗᑎᒃ ᒐᕙᓇᔭᐅᔪᒧᑦ ᑲᑎᒪᔨᐅᔪᓄᑦ ᐊᒻᒪᓗ ᑖᓐᓇ, ᒪᓕᒐᐃᑦ ᒪᓕᑦᑐᒋᑦ, ᐃᖅᑲᓇᐃᔭᓚᐅᖅᓯᒪᓐᖏᑦᑐᖅ ᑲᓇᑕᐅᑉ ᐸᓛᓯᒃᑯᖏᓐᓄᑦ.

ᓱᓇᐅᕙᒃ ᕿᒥᕐᕈᔭᐅᑎᑦᓯᓂᐅᔪᖅ?

ᕿᒥᕐᕈᔭᐅᑎᑦᓯᓂᐅᔪᖅ ᑕᒪᓐᓇ ᐃᒻᒥᒃᑰᑐᓂᒃ ᓇᒻᒥᓂᒃ ᖃᐅᔨᒐᓱᐊᕐᓂᐅᕗᖅ ᑲᓇᑕᐅᑉ ᐸᓛᓯᒃᑯᖏᑕ ᐋᖅᑭᓱᐃᒍᑎᒋᓯᒪᔭᖏᓐᓂᒃ ᐊᑦᑐᐊᓂᖅᑐᓂᒃ ᐃᓅᖃᑕᐅᔫᖕᒐᖅᑐᒥᒃ ᐅᓐᓂᓪᓗᑎᐅᔪᒥᒃ.

ᑕᑕᑎᓚᐅᖅᓯᒪᓐᓂᕈᕕᑦ ᐃᓄᓐᓃᖕᒐᕐᓂᕐᖅᑕᒥᒃ ᐅᓐᓂᓪᓗᑎᐅᔪᒥᒃ ᐊᒻᒪᓗ ᑎᑎᖅᑲᐅᓯᐊᖅᓯᒪᓕᖅᓱᑎᑦ ᑲᓇᑕᐅᑉ ᐸᓛᓯᒃᑯᖏᓐᓂᒃ (ᐃᓛᓐᓂᒃᑯᑦ ᓇᓗᓇᐃᒃᑯᑎᖃᓱᖅ "ᑎᑎᖅᑲᖅ ᐊᐅᓚᑦᓯᓂᕐᒨᖕᒐᔪᓂᒃ ᑲᒪᒋᔭᐅᒍᑎᐅᔪᓄᑦ" ᐅᒃᑯᓗ "ᖃᐅᔨᒃᑲᐃᒍᑦ ᓇᒧᓐᖕᒐᓇᐊᖃᕐᒪᖕᒐᑕ"), ᐊᐱᓇᒍᓐᓇᖅᑐᑎᑦ ᐅᕙᑦᑎᓐᓂᒃ ᕿᒥᕐᕈᔭᐅᕐᑯᔨᒍᕕᑦ ᐋᖅᑭᑦᓱᑎᒥᓂᐅᔪᒥᒃ.

ᓱᓇ ᐱᔾᔪᑎᒋᓪᓗᒍ ᕿᒥᕐᕈᔭᐅᕐᑯᔨᒐᔭᖅᑯᖕᒐ?

ᓈᒻᒪᑦᓴᓂᓐᖏᒃᑯᕕᑦ ᑲᓇᑕᐅᑉ ᐸᓛᓯᒃᑯᖏᑕ ᐋᖅᑭᑦᓱᑎᒋᓯᒪᔭᖏᓐᓂᒃ ᐊᑦᑐᐊᔪᒥᒃ ᐃᒃᕕᑦ ᐃᓄᓐᓃᖕᒐᖅᑐᓂᒃ ᐅᓐᓂᓪᓗᑎᒋᓯᒪᔭᖕᒐᓂᒃ, ᐊᐱᓇᒍᓐᓇᖅᑐᑎᒃ ᐅᕙᑦᑎᓐᓂᒃ ᕿᒥᕐᕈᔭᐅᕐᑯᒍᕕᐅᒃ ᑕᒪᓐᓇ.

ᓱᓇᖃᓇᐊᖃᖅᑯᖕᒐ ᕿᒥᕐᕈᔭᐅᕐᑯᔨᓂᕈᒪ?

ᕿᒥᕐᕈᔭᐅᕐᑯᔨᓂᕈᕕᑦ, ᑎᑎᖅᑲᐅᓯᐊᖅᓯᒪᕙᓇᐊᖃᖅᑐᑎᑦ ᐋᖅᑭᑦᓱᑎᒋᓯᒪᔭᖏᓐᓂᒃ ᑲᓇᑕᐅᑉ ᐸᓛᓯᒃᑯᖏᓐᓂᒃ (ᓇᓗᓇᐃᒃᑯᑎᖃᔪᑦᑐᖅ "ᑎᑎᖅᑲᖅ ᐊᐅᓚᑦᓯᓂᕐᒨᖕᒐᔪᓂᒃ ᑲᒪᒋᔭᐅᒍᑎᐅᔪᒧᑦ" ᐅᒃᑯᓗ "ᖃᐅᔨᒃᑲᐃᒍᑦ ᓇᒧᓐᖕᒐᓇᐊᖃᕐᒪᖕᒐᑕ").

ᑕᐃᓐᓇ ᓯᕗᓪᓕᕐᒥᒃ ᐅᓐᓂᓪᓗᑎᓕᒃ ᐅᒃᑯᓗ ᑭᒡᒐᖅᑐᖅᑎᖕᒐ ᑐᒃᓯᕋᕈᓐᓇᖅᑐᖅ ᕿᒥᕐᕈᔭᐅᕐᑯᔨᓂᕐᒥᒃ.

ᑭᖑᕙᓗᐊᕐᓂᕈᒪᓕ ᐅᖓᑖᓅᕐᓂᖅᑲᑦ 60 ᐅᓪᓗᐃᑦ ᐃᓱᓕᑦᑕᕐᕕᓕᐊᖑᓯᒪᔫᑉ ᑐᑦᓯᕋᓇᐊᖃᕐᓂᐅᑉ ᕿᒥᕐᕈᔭᐅᕐᑯᔨᓂᕐᒥᒃ?

ᑭᖑᕙᓗᐊᕐᓂᕈᕕᑦ 60 ᐅᓪᓗᐃᑦ ᑭᓪᓕᓕᐊᖑᓯᒪᔫᑉ, ᑎᑎᖅᑲᓕᐅᕐᑯᔭᐅᒐᔭᖅᑐᑎᑦ ᐱᔾᔪᑎᒋᔭᕐᓂᒃ ᓇᓗᓇᐃᔭᐃᓗᑎᒃ ᓱᒻᒪᑦ ᑐᑦᓯᕋᕈᓐᓇᕐᓂᖏᒻᒪᖔᖅᐱᑦ ᒥᑦᓯᑎᓐᓂ ᐃᓱᓕᑦᑕᕐᕕᓕᐊᖑᓯᒪᔫᑉ. ᐃᓱᒪᖅᓴᖅᓯᐅᕈᑎᒋᒐᔭᖅᑕᕗᑦ ᐱᔾᔪᑎᒋᔭᑎᑦ ᐊᒻᒪᓗ, ᒪᓕᓪᓗᒋᑦ ᐅᖃᐅᓯᑎᑦ, ᖃᐅᔨᒃᑲᕋᔭᖅᑕᒋᑦ ᑲᔪᓯᑎᑦᓯᒐᔭᕐᒪᖔᑦᑕ ᕿᒥᕐᕈᔭᐅᕐᑯᔨᒍᑎᒋᔭᓐᓂᒃ.

ᓱᔪᖃᓱᖑᕙᒃ ᑐᑦᓯᕋᑐᐊᕈᒪ ᕿᒥᕐᕈᔭᐅᕐᑯᔨᓂᕐᒥᒃ?

ᐃᓗᐊᓂ ᕐᑯᓕᑦ ᐅᓪᓗᐃᑦ ᐱᔭᐅᓚᐅᖅᑎᓪᓗᒍ ᑐᑦᓯᕋᐅᑏᑦ, ᖃᐅᔨᒃᑲᕋᔭᖅᑕᕗᑦ ᑲᓇᑕᐅᑉ ᐸᓛᓯᒃᑯᖏᑦ ᑐᑦᓯᕋᐅᑎᒋᔭᓐᓂᒃ ᕿᒥᕐᕈᔭᐅᕐᑯᔨᓂᕐᒥᒃ ᐊᒻᒪᓗ ᑐᑦᓯᕋᕐᕕᒋᔭᖅᑕᕗᑦ ᐃᓗᓐᓇᖏᓐᓂᒃ ᐊᑦᑐᐊᔪᓂᒃ ᐃᒃᕕᑦ ᐅᓐᓂᓪᓗᑎᒋᔭᖏᓐᓄᑦ.

ᑖᒃᑯᐊ ᐃᓚᒍᑦᓯᐅᔾᔨᓯᒪᓚᖓᕗᑦ ᖃᐅᔨᒪᔭᐅᕐᑯᓯᒪᔭᓐᓂᒃ ᑐᓂᓯᒪᔭᓐᓄᑦ ᑲᓇᑕᐅᑉ ᐸᓛᓯᒃᑯᖏᓐᓄᑦ, ᐊᒻᒪᓗᑦᑕᐅᖅ ᑐᓴᐅᒪᔭᐅᔪᓂᒃ ᐸᓛᓯᒃᑯᑦ ᑎᑎᖅᑲᓕᐊᓇᓯᒪᔭᖏᓐᓂᒃ ᐃᒻᒪᖃ ᑕᐅᑐᑦᑐᒥᓂᕐᓄᑦ ᐅᖃᐅᓯᒥᓂᐅᔪᑦ, ᐸᓛᓯᒃᑯᑦ ᑐᓴᖅᑎᑦᓯ- ᒍᑎᖏᑦ, ᐊᒻᒪᓗ ᓇᓗᓇᐃᔭᐅᑎᒥᓃᑦ ᑎᑎᕋᖅᑕᒥᓂᕐᓂᒃ, 911ᒧᑦ ᐅᖄᓚᒍᑎᒥᓃᑦ, ᐊᐅᓚᔫᓕᐅᕈᒻᒧᑦ ᐊᔾᔨᓕᐅᒐᐃᑦ, ᐃᑦᑲᑦᑐᐃᕕᒻᒥ ᐅᖃᐅᓯᒥᓂᐅᔪᕐᓂᒃ ᑎᑎᖅᑲᐃᑦ, ᐊᒻᒪᓗ ᐸᓛᓯᒃᑯᑦ ᐱᕐᑯᔭᖏᑦ ᐊᒻᒪ ᐊᑐᐊᒐᓕᐊᖑᓯᒪᔪᑦ.

ᑲᓇᑕᐅᑉ ᐸᓛᓯᒃᑯᖏᑦ ᐱᑎᑦᓯᒋᐊᖃᖅᑐᑦ ᐅᕙᑦᑎᓐᓂᒃ ᒪᓕᒐᐃᑦ ᒪᓕᓪᓗᒋᑦ ᑐᓂᓯᓗᑎᒃ ᐃᓗᓐᓇᖏᓐᓂᒃ ᐊᑦᑐᐊᓂᖅᑐᓂᒃ ᑐᑭᓯᒪᔭᐅᔪᓂᒃ ᐱᔾᔪᑎᖃᑦᑐᓂᒃ ᐃᒃᕕᑦ ᑲᒪᒋᔭᐅᒍᑎᖏᓐᓄᑦ.

ᑲᓇᑕᐅᑉ ᐸᓛᓯᒃᑯᖏᑦ ᐱᑎᑦᓯᒋᐊᖃᖅᑐᑦ ᐅᕙᑦᑎᓐᓂᒃ ᒪᓕᒐᐃᑦ ᒪᓕᓪᓗᒋᑦ ᑐᓂᓯᓗᑎᒃ ᐃᓗᓐᓇᖏᓐᓂᒃ ᐊᑦᑐᐊᓂᖅᑐᓂᒃ ᑐᑭᓯᒪᔭᐅᔪᓂᒃ ᐱᔾᔪᑎᖃᑦᑐᓂᒃ ᐃᒃᕕᑦ ᑲᒪᒋᔭᐅᒍᑎᖏᓐᓄᑦ.

ᑲᓇᑕᐅᑉ ᐸᓛᓯᒃᑯᖏᑦ ᐱᑎᑦᓯᒋᐊᖃᖅᑐᑦ ᑐᑭᓯᒪᔭᐅᔪᓂᒃ ᐅᕙᑦᑎᓐᓄᑦ ᐃᓗᐊᓂ 30 ᐅᓪᓗᐃᑦ. ᕿᒥᕐᕈᑦᓯᐊᕕᓐᖓᕋᔭᖅᑕᕗᑦ ᑕᒪᒃᑯᐊ ᑐᑭᓯᒍᑎᐅᓯᒪᔪᑦ ᑐᑭᖃᑦᓯᐊᕋᓗᐊᕐᒪᖔᑕ ᐊᒻᒪᓗ ᐋᒥᑦᓯᓯᒪᓐᖏᒃᑲᓗᐊᕐᒪᖔᑕ ᐃᓚᒍᑦᓯᐅᑎᓯᒪᒋᐊᓕᓐᓂᒃ, ᑐᑦᓯᕋᑐᐃᓐᓇᓇᐊᖃᖅᑐᒍᑦ ᑐᑭᓯᓯᒪᒃᑲᓐᓂᕈᑎᑦᓴᓂᒃ ᐃᓕᓐᓃᖕᒐᖅᑐᒥᒃ, ᐅᒃᑯᓗ ᐸᓛᓯᒃᑯᓐᓃᓐᖕᒐᖅᑐᒥᑦ.

ᐱᓯᒪᔭᐃᓐᓇᓇᑐᐊᓇᓕᕈᑦᑎᒍ ᑐᑭᓯᒍᑎᐅᓂᕋᖅᑕᓕᒫᑦ, ᑭᒥᕐᕈᑦᓯᐊᕋᔭᖅᑕᕗᑦ ᐊᒻᒪᓗ ᑕᐱᖃᕋᓯᐊᕋᑕ ᑭᓇᒧᑦ ᕿᒥᕐᕈᒐᔭᖅᑕᕗᑦ ᐃᓄᓐᓃᖕᒐᕐᓂᕋᖅᑕᐅᔪᑦ ᐅᓐᓂᓪᓗᑏᑦ ᐊᒻᒪᓗ ᐸᓛᓯᒃᑯᑦ ᑭᐅᒍᑎᒋᔭᖏᓐᓂᒃ.

ᓱᓇᒃᑲᓂᕐᓂᒃ ᑐᑭᓯᒍᑎᐅᒍᓐᓇᖅᑐᓂᒃ ᑐᓂᓯᒋᐊᖃᖅᑯᖕᒐ ᐃᑲᔪᕋᔭᖅᑐᓂᒃ ᐅᕙᖕᒐ ᕿᒥᕐᕈᔭᐅᒍᑎᖏᓐᓄᑦ?

ᖃᓄᐃᑦᑐᑐᐃᓐᓇᐃᑦ ᑐᑭᓯᒍᑎᐅᒍᓐᓇᖅᑐᑦ ᑐᓂᔭᐅᕙᒌᖅᓯᒪᔪᑦ ᐸᓖᓯᒃᑯᓐᓄᑦ ᐅᕙᑦᑎᓐᓄᑦ ᑐᓂᔭᐅᒐᔭᖅᑐᑦ.

ᐊᑐᐃᓐᓇᐅᒪᕕᐅᒐᔭᕐᒥᔪᒍᑦ ᐃᓗᓐᓇᖏᓐᓂᒃ ᐸᓖᓯᒃᑯᑦ ᑎᑎᖅᑲᓕᐊᕆᓯᒪᔭᖏᓐᓂᒃ ᐊᑦᑐᐊᔪᓂᒃ ᐃᒃᕕᑦ ᑲᒪᒋᔭᐅᒍᑎᖏᓐᓄᑦ. ᑕᒪᓐᓇ ᐃᓚᒍᑦᓯᐅᔾᔨᕗᖅ ᖃᓄᐃᑦᑐᑐᐃᓐᓇᕐᓂᒃ ᓱᓇᐅᔪᓂᒃ ᐱᔭᐅᓯᒪᔪᓂᒃ ᐅᒃᕙᓗ ᐊᐅᓚᑕᐅᔪᒥᒃ ᐸᓖᓯᒃᑯᓐᓄᑦ ᐊᑦᑐᐊᔪᓂᒃ ᕿᒥᕐᕈᔭᐅᕐᑯᔨᒍᑎᒋᔭᓐᓄᑦ.

ᐊᐅᓪᓚᑎᑦᓯᑲᓐᓂᓇᐊᑐᓐᖏᑦᑐᑎᑦ ᑕᒪᒃᑯᓂᖓ ᐱᔾᔪᑎᐅᓂᕋᐃᒍᑎᓂᒃ ᐊᒻᒪᓗ ᑐᑦᓯᕋᓇᐊᑐᓐᖏᑦᑐᑎᑦ ᐱᒍᓐᓇᕈᒪᓂᕐᒥᒃ ᑐᑭᓯᔭᐅᒍᑎᐅᓯᒪᔪᓂᒃ ᒪᓕᒐᓕᐊᖑᓯᒪᔪᑦ ᒪᓕᓪᓗᒋᑦ ᐅᒃᕙᓗ ᑲᓐᖑᓇᖅᑐᓕᓇᓂᕐᒧᑦ ᒪᓕᒐᐃᑦ ᒪᓕᓪᓗᒋᑦ ᑐᑦᓯᕋᕐᓂᕐᒥᒃ ᐱᒍᓐᓇᕐᑯᓪᓗᑕ ᐸᓖᓯᒃᑯᑦ ᑎᑎᖅᑲᓕᐊᕆᓯᒪᔭᖏᓐᓂᒃ.

ᑕᐃᒪᓐᖓᓕᒫᒐᓚᒃ, ᕿᒥᕐᕈᒍᓐᓇᓲᖑᔪᒍᑦ ᑎᑎᖅᑲᓕᐊᖑᓯᒪᔪᓂᒃ ᖃᐅᔨᒪᒃᑲᓐᓂᕈᒪᔭᑦᑎᓐᓂᒃ ᑐᑦᓯᕋᐅᑎᓕᐅᒃᑲᓐᓂᓇᐊᑐᒐᑕ. ᑕᐃᒪᐃᒃᑲᓗᐊᖅᑎᓪᓗᒍ, ᓱᓕᔪᖅᓴᕈᕕᑦ ᐱᓯᒪᒋᐊᕕᑦ ᐊᑐᕐᓂᖃᖅᑐᒥᒃ ᑐᑭᓯᒪᔭᐅᒍᑎᑦᓴᒥᒃ ᐱᒻᒪᓇᐅᔪᒥᒃ ᐃᒃᕕᑦ ᑲᒪᒋᔭᐅᒍᑎᒋᔭᖓᓄᑦ ᑐᓴᐅᒪᔭᐅᓯᒪᓐᖏᑦᑐᒥᒃ ᐸᓖᓯᒃᑯᓐᓄᑦ, ᐊᐅᓪᓚᖅᑎᒍᓐᓇᖅᑕᐃᑦ ᐊᑐᕐᓗᒋᑦ ᐅᕙᓃᑦᑐᑦ ᐃᓱᐊᓂ ᑎᑎᖅᑲᐃᑦ.

ᐱᕕᖃᖅᑐᑎᑦ **30-ᓂᒃ ᐅᓪᓗᓂᒃ** ᐱᒋᐊᕐᓗᓂ ᑐᑦᓯᕋᓇᐊᓐᖓᐅᑎᒥᓃᑦ ᕿᒥᕐᕈᔭᐅᕐᑯᔨᓂᕐᒥᒃ ᑐᓂᓯᒋᐊᖃᖅᑐᑎᑦ ᓱᓇᑐᐃᓐᓇᕐᓂᒃ ᓴᐳᔾᔨᔪᓂᒃ ᑐᑭᓯᑎᑦᓯᒍᑎᐅᔪᓂᒃ.

ᐱᕕᖃᑐᐃᓐᓇᖅᑐᒍᑦ ᐱᑎᑕᐅᒍᓐᓇᓇᐊᖅ **50-ᓂᒃ ᒪᐟᐱᒐᕐᓂᒃ ᑎᑎᖅᑲᓕᐊᖑᓯᒪᔪᓂᒃ,** ᐊᒻᒪᓗ ᑎᑭᓪᓗᒍ **60-ᒥᓂᑦᓯᓂᒃ (ᐃᑲᕐᕋᓕᒫᖅ) ᓂᐱᓕᐅᒐᕐᓂᒃ ᐅᒃᕙᓗ ᐊᐅᓚᔫᓕᐅᕈᒻᒧᑦ ᐊᔾᔨᓕᐅᒐᕐᓂᒃ.**

ᐊᐅᓪᓚᑎᑦᓯᑲᓐᓂᓇᐊᖃᕈᕕᑦ ᖃᐅᔨᒪᔭᐅᒃᑲᓐᓂᕈᑎᑦᓴᓂᒃ ᐅᒃᕙᓗ ᐊᐅᓪᓚᑎᑦᓯᒍᓐᓇᓂᓐᖏᒃᑯᕕᑦ ᖃᐅᔨᒪᔭᐅᒃᑲᓐᓂᕈᑎᑦᓴᓂᒃ ᐃᓗᐊᓂ 30 ᐅᓪᓗᐃᑦ, ᖃᐅᔨᒃᑲᖅᑎᒍᑦ ᐱᔾᔪᑎᐅᔪᓂᒃ.

ᑕᒪᒃᑯᐊ ᑐᑭᓯᑎᑦᓯᒍᑎᐅᔪᑦ ᐅᕙᓐᓃᖕᒐᖅᑐᑦ ᑐᓂᔭᐅᔪᑦ ᐃᓄᓐᓃᖕᒐᖅᑐᓂᒃ ᕿᒥᕐᕈᔭᐅᕐᑯᔭᓂᒃ ᐅᓐᓂᓪᓗᑎᐅᔪᓂᓪᓗ ᑭᓪᓕᓯᓂᐊᖅᑎᒃᑯᓐᓄᑦ ᑐᓂᔭᐅᒐᔭᕆᕙᑦ ᐸᓖᓯᒃᑯᓐᓄᑦ?

ᓱᓇᑐᐃᓐᓇᐃᑦ ᑐᑭᓯᑎᑦᓯᒍᑎᐅᔪᑦ ᐃᓕᓐᓃᖕᒐᖅᑐᑦ ᑐᓴᖅᑕᐅᖃᓯᐅᑎᑎᑕᐅᒐᔭᖅᑐᖅ ᐸᓖᓯᒃᑯᓐᓄᑦ ᐃᓚᒋᔭᐅᓗᓂ ᐃᓄᓐᓃᖕᒐᖅᑐᓂᒃ ᐅᓐᓂᓪᓗᑎᐅᔪᓂᒃ ᐊᑐᖅᑐᓂᒃ ᒪᓕᑦᑕᐅᒋᐊᓕᓐᓂᑦ, ᒪᓕᑦᑕᐅᓗᑎᒃ ᐱᒍᓐᓇᐅᑎᐅᔪᑦ ᐃᓗᐅᓃᑦᑐᑦ ᑲᓐᖑᓇᖅᑐᓕᓇᓂᕐᒧᑦ ᒪᓕᒐᐃᑦ.

ᓱᓇᓂᒃ ᕿᒥᕐᕈᔭᐅᑎᑦᓯᓂᐅᔪᖅ ᐊᑐᖅᑎᑦᓯᓲᖑᕙᒌ?

ᕿᒥᕐᕈᑦᓯᐊᕋᔭᖅᑕᕗᑦ ᐃᓗᓐᓇᑎᒃ ᕿᒥᕐᕈᔭᐅᑎᑦᓯᒍᑎᒋᔭᓐᓄᑦ ᐊᑦᑐᐊᔪᓕᒫᑦ ᐃᓕᓐᓃᖕᒐᖅᑐᑦ, ᐊᒻᒪᓗ ᐸᓖᓯᒃᑯᓃᓐᖕᒐᖅᑐᑦ.

ᐃᓱᒪᑦᓴᖅᓯᐅᕈᑎᒋᒐᔭᖅᑕᕗᑦ ᐃᓄᓐᓃᖕᒐᖅᑐᓂᒃ ᐅᓐᓂᓪᓗᒍᑎᒋᔭᐃᑦ, ᐸᓖᓯᒃᑯᑦ ᐃᓄᓐᓃᖕᒐᖅᑐᓂ ᐅᓐᓂᓪᓗᑎᐅᔪᓂᒃ ᖃᐅᔨᒐᓱᐊᕐᓂᓇᔭᖏᑦ, ᓱᓇᑐᐃᓐᓇᐃᑦ ᐸᓖᓯᒃᑯᑦ ᑎᑎᖅᑲᓕᐊᕆᓯᒪᔭᖏᑦ ᐊᑦᑐᐊᔪᑦ ᐃᒃᕕᑦ ᑲᒪᒋᔭᐅᒍᑎᒋᔭᖏᓐᓄᑦ, ᐊᒻᒪᓗ ᐸᓖᓯᒃᑯᑦ ᐋᖅᑭᑦᓱᑎᒋᔭᒥᓂᖏᓐᓄᑦ ᑎᑎᖅᑲᖅ.

ᖃᐅᔨᒋᐊᑐᐃᓐᓇᓇᐊᖃᕐᒥᔪᒍᑦ ᐃᓄᓐᓃᖕᒐᖅᑐᓂᒃ ᐊᑐᐃᓐᓇᐅᔪᓂᒃ ᑐᑭᓯᑎᑦᓯᒍᑎᐅᔪᓂᒃ, ᒪᑯᐊᒐᓚᐃᑦ ᐊᑦᑐᐊᔪᑦ ᐃᖅᑲᖅᑐᐃᕕᐅᑉ ᐋᖅᑭᑦᓱᑎᒋᓯᒪᔭᑦ ᐅᒃᕙᓗ ᐅᖃᐅᓯᒥᓂᕐᓂᒃ ᑎᑎᕋᖅᑕᒥᓂᕐᓂᒃ. ᐊᑏ ᖃᐅᔨᒪᓂᐊᖅᑯᑎᑦ ᑕᒪᓐᓇ ᕿᒥᕐᕈᓂᑐᐃᓐᓇᕐᓂᐅᔪᖅ, ᐅᕙᒍᑦ ᓄᑖᓂᒃ ᐊᐱᖅᓱᕐᓂᖅᑎᑦᓯᑲᓐᓂᕋᔭᓐᖏᓇᑦᑕ ᐅᒃᕙᓗ ᓄᐊᑦᓯᒐᔭᓐᖏᓇᑦᑕ ᓄᑖᓂᒃ ᖃᐅᔨᒪᔭᐅᒋᐊᓕᓐᓂᒃ.

ᐅᕙᒍᑦ ᕿᒥᕐᕈᒐᔭᖅᑐᒍᑦ ᒪᓕᒐᓂᒃ ᐊᑦᑐᐊᓂᖅᑐᓂᒃ ᐃᒃᕕᑦ ᑲᒪᒋᔭᐅᒍᑎᒋᔭᖏᓐᓄᑦ, ᒪᑯᐊ ᒪᓕᒐᓕᐊᖑᓯᒪᔪᑦ ᐊᒻᒪᓗ ᑲᒪᒋᔭᐅᒍᑎᐅᔪᓄᑦ ᒪᓕᒐᐃᑦ.

ᐅᕙᒍᑦ ᖃᓄᑐᐃᓐᓇᖅ ᕿᒥᕐᕈᒐᔭᖅᑕᕗᑦ ᐊᐅᓚᑦᓯᓯᒪᓂᓇᔭᖏᑦ ᐸᓖᓯᐅᔪᑦ ᑕᒃᑯᓂᖓ ᑕᐅᑐᓪᓗᑕ ᐊᐅᓚᑦᓯᑦᓯᐊᕈᓯᐅᔪᓂᒃ. ᑕᒪᓐᓇ ᑕᐃᒪᐃᓐᓂᖓᓄᑦ ᖃᐅᔨᒐᓱᐊᕋᔭᖅᑐᒍᑦ ᖃᓄᕐᓕ ᐊᐅᓚᑦᓯᑦᓯᐊᕋᓱᐊᖅᑐᖅ ᐸᓖᓯᐅᔪᖅ ᖃᓄᖅ ᐱᒐᓱᐊᕋᔭᕐᒪᖔᖅ ᐊᔾᔨᒐᓚᖓᓂᒃ ᑲᒪᓕᕐᓂᕈᓂ.

ᐱᔭᕇᖅᑕᐅᑐᐊᖃᑦ ᕿᒥᕐᕈᓂᐅᔪᖅ, ᐱᑎᑕᐅᒐᔭᖅᑐᑎᑦ ᐊᔾᔨᖓᓂᒃ ᐃᓄᓐᓃᖕᒐᖅᑐᓂᒃ ᕿᒥᕐᕈᕐᑯᔭᐅᔪᓂᒃ ᐅᓐᓂᓪᓗᑎᐅᔪᓂᓪᓗ ᑭᓪᓕᓯᓂᐊᖅᑎᒃᑯᑦ ᓇᓗᓇᐃᖅᓯᒍᑎᒋᔭᖏᓐᓂᒃ ᑭᖑᓪᓕᖅᐹᖅᓯᐅᑎᐅᓂᕋᖅᑕᒥᒃ ᑐᓴᖅᑎᑦᓯᒍᑎᒥᒃ.

ᖃᓄᐃᓕᖓᔪᓂᒃ ᖃᐅᔨᓴᐅᒍᑎᐅᓯᒪᔪᓂᒃ ᓂᕆᐅᒋᐊᖃᖅᑯᖓ ᑕᒃᑯᓇᓐᖓᖅᑐᒥᒃ ᕿᒥᕐᕈᑎᑦᓯᓂᐅᔫᑉ ᒪᓕᒋᐊᓕᖏᓐᓂᒃ?

ᑕᒪᑦᓱᒪ ᕿᒥᕐᕈᑎᑦᓯᓂᐅᔫᑉ ᐊᑐᐊᕐᓗᒋᑦ ᖃᐅᔨᒐᓱᐊᕋᔭᖅᑐᒍᑦ ᓈᒻᒪᒋᑦᓯᐊᕋᓗᐊᕐᒪᖔᖅᑎᒍ ᐸᓛᓯᒃᑯᑦ ᑲᒪᓯᒪᓂᕆᔭᖏᓐᓂᒃ ᐃᒃᕕᑦ ᐃᓄᓐᓃᖔᖅᑐᑯᑎᖏᓐᓂᒃ ᐅᓐᓂᓪᓗᑎᒋᔭᓐᓂᒃ.

ᐊᖏᖃᑎᒋᒍᑦᑎᒍ ᐸᓛᓯᒃᑯᑦ ᐋᖅᑭᖅᓱᑎᒋᓯᒪᔭᖏᑦ ᐅᕙᒍᑦ ᑐᓂᓯᓚᖓᕗᒍᑦ ᐃᓕᓐᓄᑦ ᐊᒻᒪᓗ ᐸᓛᓯᐅᔪᒧᑦ ᑲᒪᓯᒪᔪᒧᑦ ᐃᒃᕕᑦ ᑲᒪᒋᔭᐅᒍᑎᒋᔭᖏᓐᓄᑦ ᑐᓴᖅᑎᑦᓯᒍᑎᐅᔪᒥᒃ ᑐᑭᓯᑎᑦᓯᔪᒥᒃ ᖃᓄᐃᒻᒪᑦ ᐋᖅᑮᒍᑎᖃᕐᒪᖔᖅᑕ.

ᐅᕙᒍᑦ ᓈᒻᒪᓴᕐᓂᖏᒃᑯᑦᑕ, ᓱᒃᑯᐃᔭᐃᒐᔭᖅᑐᒍᑦ ᐊᑐᖅᑕᐅᖃᑦᑕᕐᑯᔭᑦᑎᓐᓂᑦ ᐸᓛᓯᒃᑯᓐᓄᑦ ᐃᑲᔪᖅᑕᐅᕐᑯᓪᓗᒋᑦ ᐊᑲᐅᓈᖅᓯᒪᓂᖅᓴᓂᒃ ᑲᒪᒍᓯᖃᑦᑕᕐᑯᓪᓗᒋᑦ.

ᐅᕙᒍᑦ ᑐᓂᓯᒐᔭᖅᑐᒍᑦ ᐸᓛᓯᒃᑯᓐᓄᑦ ᖃᐅᔨᒍᑎᒋᔭᑦᑎᓐᓂᑦ ᐊᒻᒪᓗ ᐊᑐᖅᑕᐅᖃᑦᑕᕐᑯᔭᑦᑎᓐᓂ ᒥᑦᓴᓈᖓᔪᓂᒃ ᐃᒃᕕᑦ ᐅᓐᓂᓪᓗᑎᒋᔭᖏᓐᓄᑦ.

ᒪᓕᒐᐃᖅ ᒪᓕᓪᓗᒋᑦ, ᐸᓛᓯᒃᑯᑦ ᑭᐅᒋᐊᖃᑦᑐᑦ ᓇᓗᓇᐃᖅᓯᓗᑎᒃ ᖃᓄᐃᓕᖓᔭᐅᓚᖓᒻᒪᖔᖅ ᐅᓐᓂᓪᓗᑎᐅᔪᖅ ᐊᒻᒪᓗ, ᓇᓪᓕᐊᑐᐃᓐᓇᖅ ᐊᑐᓕᖅᑎᑕᐅᕐᑯᔭᐅᔪᑦ ᒪᓕᑦᑕᐅᖏᑉᐸᑕ, ᑐᑭᓯᑦᑎᑦᓯᔪᕐᑯᓪᓗᒋᑦ ᓱᒻᒪᐅᒻᒪᖔᖅ.

ᐱᑐᐊᑦᓯᐊᕈᑦᑎᒍ ᑭᐅᒍᑎᐅᔪᑦ, ᐅᕙᒍᑦ ᑐᓂᓯᓂᐊᖅᑐᒍᑦ ᐃᓕᓐᓄᑦ, ᐸᓛᓯᑭᓇᐅᒻᒪᖔᖅ ᑲᒪᔪᖅ ᐃᒃᕕᑦ ᑲᒪᒋᔭᐅᒍᑎᖏᓐᓂᒃ, ᑲᓇᑕᐅᑉ ᐸᓛᓯᒃᑯᖏᑕ ᑭᓪᓕᓯᓂᐊᖅᑎᖓᓂᒃ, ᐊᒻᒪᓗ ᒥᓂᔅᑕᕆᔭᐅᔪᖅ ᐊᑦᑕᓇᖅᑕᐃᓕᑎᑦᓯᔪᓕᕆᔨᒃᑯᓐᓄᑦ, ᐅᕙᒍᑦ ᑭᖑᓪᓕᖅᐸᒥ ᑐᓴᖅᑎᑦᓯᒍᑎᑦᑎᓐᓂ ᐃᒃᕕᑦ ᐅᓐᓂᓪᓗᑎᒋᓯᒪᔭᖏᓐᓄᑦ. ᑖᓐᓇ ᑐᓴᖅᑎᑦᓯᒍᑎᐅᔪᖅ ᐃᓚᖃᓚᖓᔪᖅ ᖃᐅᔨᔭᑦᑎᓐᓂᒃ ᐊᒻᒪ ᐊᑐᓕᖅᑎᑕᐅᕐᑯᔭᑦᑎᓐᓂᒃ ᐊᒻᒪᓗ ᐸᓛᓯᒃᑯᑦ ᑭᐅᒍᑎᒋᔭᖏᓐᓂᒃ.

ᐆᑦᑑᑎᒋᔭᐅᔪᑦ ᐊᑐᓕᖅᑎᑕᐅᕐᑯᔭᐅᒍᓐᓇᖅᑐᑦ ᐃᓚᒋᔭᐅᓪᓗᑎᒃ:

- ᐃᓕᓐᓂᐊᒃᓐᓂᓇᐊᖃᕐᓂᖏᑦ, ᐃᓕᑉᐹᓪᓕᓇᖅᑐᒥᒃ ᑕᑎᖃᕐᓂᖅ, ᐅᒃᕙᓗ ᐅᖃᐅᔾᔫᓯᐊᖃᑦᑕᕐᓂᖏᑦ ᐊᑐᓇᐊᓕᖏᓐᓂᒃ ᐊᑐᓂ ᐸᓛᓯᐅᔪᑦ.
- ᒪᒥᐊᓐᓂᕋᕈᑎᐅᔪᒥᒃ ᑐᓂᓯᓗᑎᒃ ᐸᓛᓯᒃᑯᑦ.
- ᐊᓯᔾᔨᖅᑕᐅᓗᑎᒃ ᐸᓛᓯᒃᑯᑦ ᐱᕐᑯᔭᖏᑦ, ᐃᓕᓐᓂᐊᖅᑎᑕᐅᒃᑲᓂᕐᓗᑎᒃ, ᐅᒃᕙᓗ ᑲᒪᒍᓯᓇᔭᖏᑦ ᑲᓇᑕᓕᒫᒥ, ᐊᕕᑦᑐᖅᓯᒪᔪ ᐳᕋᕙᓐᓯᐅᔪᓂ, ᐅᒃᕙᓗ ᐸᓛᓯᒃᑯᑦ ᐊᓪᓚᒃᕕᒋᔭᖏᓐᓂ ᓄᓇᓕᓐᓂ.

ᑖᒃᑯᐊ ᐃᓄᓐᓃᖔᖅᑐᓂᒃ ᕿᒥᕐᕈᔭᐅᕐᑯᔭᐅᔪᓂᒃ ᐅᓐᓂᕐᓗᑎᐅᔪᓂᓪᓗ ᑭᓪᓕᓯᓂᐊᖅᑎᒃᑯᑦ **ᐊᑐᓕᖅᑎᑕᐅᕐᑯᔨᔫᖔᖏᓚᑦ** ᐊᑦᑐᐊᔪᓂᒃ ᐅᑯᓄᖓ:

- ᐊᑭᓕᖅᑕᐅᕐᑯᔨᓂᒃᑯᑦ ᑮᓇᐅᔭᓂᒃ ᑐᓂᔭᐅᓂᕐᒥᒃ ᐸᓛᓯᒃᑯᑦ ᐱᓂᕐᓗᓐᓂᒥᓂᖏᓐᓄᑦ.
- ᐃᖅᑲᖅᑐᒐᑦᓴᓕᐅᓇᓂᕐᒧᑦ ᐃᓄᒻᒥᒃ ᓱᕐᑯᒥᑦᓯᓯᒪᔪᒧᑦ ᒪᓕᒐᕐᓂᒃ ᐅᒃᕙᓗ ᒪᓕᒐᓕᐊᖑᓯᒪᔪᓂᒃ ᓱᕐᑯᒥᑦᓯᔪᑦ
- ᕐᑯᔭᓈᕐᓂᖅ, ᐃᖅᑲᑐᖅᑕᐅᒍᑎᒥᓂᕐᓂᒃ ᐲᖅᑕᐅᑎᑦᓯᓂᖅ, ᐅᒃᕙᓗ ᐸᒃᕕᓴᓐᓂᕐᒥᒃ ᑲᒪᒋᔭᐅᒐᓱᐊᖅᑐᒥᒃ ᓱᕐᑯᒥᑦᓯᓯᒪᔪᒧᑦ ᒪᓕᒐᕐᓂᒃ ᐅᒃᕙᓗ ᒪᓕᒐᓕᐊᖑᓯᒪᔪᓂᒃ ᓱᕐᑯᒥᑦᓯᓂᕐᒧᑦ ᐃᖅᑲᖅᑐᒐᑦᓴᓕᐊᖑᓯᒪᔪᓂᒃ ᐅᒃᕙᓗ ᐃᖅᑲᖅᑐᐃᔨᒃᑯᑎᒍᑦ ᐋᖅᑭᑦᓱᑎᐅᓯᒪᔪᓂᒃ.
- ᓄᖅᑲᑎᑦᓯᓂᕐᒥᒃ, ᒥᑭᓪᓕᑎᑦᓯᓂᕐᒥᒃ ᐅᒃᕙᓗ ᐃᒪᐃᒋᐊᖃᕐᓂᖏᓐᓂᒃ ᐋᖅᑭᑦᓱᐃᓂᕐᒥᒃ ᑐᑦᓴᖃᕐᕕᖃᖅᑐᒥᒃ ᑎᓕᐅᖅᑕᐅᓂᖏᓐᓄᑦ ᐸᓛᓯᐅᔪᐃᑦ

ᖃᓄᑐᐃᓐᓇᖅ ᐃᓚᖓᓂᒃ ᓈᒻᒪᓴᕐᓂᖏᒃᑯᒪ ᐋᖅᑭᑦᓱᑎᒋᔭᐅᔪᒥᓂᕐᒥᒃ ᑕᒪᑦᓱᒪ ᐅᕙᓐᓃᖔᖅᑐᒥᓂᕐᓂᒃ ᕿᒥᕐᕈᒍᑎᒥᓂᐅᔪᓂᒃ?

ᑭᖑᓪᓕᖅᐹᖅᓯᐅᑎᒥᒃ ᑐᓴᖅᑎᑦᓯᒍᑎᓕᐅᖅᓯᒪᑐᐊᓕᕈᑦᑕ, ᑭᓪᓕᓯᓂᐊᖅᑎᒃᑯᑦ ᕿᒥᕐᕈᓂᕆᔭᖏᑕ ᐃᓱᓕᑐᐊᖅᐸᑦ ᐊᒻᒪᓗ ᖃᓄᒋᐊᒃᑲᓐᓂᖅ ᑲᒪᒋᐊᕐᕕᖃᕈᓐᓃᖔᖅᑐᒥᑦ ᐃᒃᕕᑦ ᐅᓐᓂᓪᓗᑎᒋᔭᖏᓐᓄᑦ, ᑲᓇᑕᐅᑉ ᐸᓛᓯᒃᑯᖏᑕ ᑭᓪᓕᓯᓂᐊᖅᑎᖓᓂᒃ, ᐊᒻᒪᓗ ᒥᓂᔅᑕᕆᔭᐅᔪᖅ ᐊᑦᑕᓇᖅᑕᐃᓕᑎᑦᓯᔪᓕᕆᔨᒃᑯᓐᓄᑦ, ᐅᕙᒍᑦ ᑭᖑᓪᓕᖅᐹᒥ ᑐᓴᖅᑎᑦᓯᒍᑎᑦᑎᓐᓂ ᐃᒃᕕᑦ ᐅᓐᓂᓪᓗᑎᒋᓯᒪᔭᖏᓐᓄᑦ. ᑖᓐᓇ ᑐᓴᖅᑎᑦᓯᒍᑎᐅᔪᖅ ᐃᓚᖃᓚᖓᔪᖅ ᖃᐅᔨᔭᑦᑎᓐᓂᒃ ᐊᒻᒪ ᐊᑐᓕᖅᑎᑕᐅᕐᑯᔭᑦᑎᓐᓂᒃ ᐊᒻᒪᓗ ᐸᓛᓯᒃᑯᑦ ᑭᐅᒍᑎᒋᔭᖏᓐᓂᒃ.

ᑮᓪᑑᑎᒋᔭᐅᔪᑦ ᐊᑐᓕᖅᑎᑕᐅᕐᑯᔭᐅᒍᓐᓇᖅᑐᑦ ᐃᓚᒋᔭᐅᓪᓗᑎᒃ:

- ᐃᓕᓐᓂᐊᒃᓐᓂᓇᐊᖃᕐᓂᖏᑦ, ᐃᓕᑉᐹᓪᓕᓇᖅᑐᒥᒃ ᑕᑎᖃᕐᓂᖅ, ᐅᒃᕙᓗ ᐅᖃᐅᔾᔫᓯᐊᖃᑦᑕᕐᓂᖏᑦ ᐊᑐᓇᐊᓕᖏᓐᓂᒃ ᐊᑐᓂ ᐸᓛᓯᐅᔪᑦ.
- ᒪᒥᐊᓐᓂᕋᕈᑎᐅᔪᒥᒃ ᑐᓂᓯᓗᑎᒃ ᐸᓛᓯᒃᑯᑦ.
- ᐊᓯᔾᔨᖅᑕᐅᓗᑎᒃ ᐸᓛᓯᒃᑯᑦ ᐱᕐᑯᔭᖏᑦ, ᐃᓕᓐᓂᐊᖅᑎᑕᐅᒃᑲᓂᕐᓗᑎᒃ, ᐅᒃᕙᓗ ᑲᒪᒍᓯᓇᔭᖏᑦ ᑲᓇᑕᓕᒫᒥ, ᐊᕕᑦᑐᖅᓯᒪᔪ ᐳᕋᕙᓐᓯᐅᔪᓂ, ᐅᒃᕙᓗ ᐸᓛᓯᒃᑯᑦ ᐊᓪᓚᒃᕕᒋᔭᖏᓐᓂ ᓄᓇᓕᓐᓂ.

ᐅᕙᓐᓅᖕᒐᔪᖅ ᑭᖑᓪᓕᐹᖅᓯᐅᑦ ᑐᓴᕋᑦᓴᓕᐊᖑᔪᖅ ᐃᓄᓕᒫᓄᑦ ᑕᑯᔭᑦᓴᕈᖅᑎᑕᐅᒐᔭᖅᑲ?

ᐱᓂᕐᓗᑦᑕᐅᕐᑯᓇᒃ ᑲᓐᖑᓇᖅᑑᑎᑕᐅᕐᑯᔨᓂᕐᒧᑦ, ᓴᖅᑭᖅᑎᑕᐅᑎᑦᓯᓲᖑᓐᖏᓚᒍᑦ ᓴᒃᑯᑦᓯᑐᐃᓐᓇᓲᖑᓐᖏᓚᒍᑦ ᑐᓴᖅᑎᑦᓯᒍᑎᑦᑎᓐᓂᒃ ᐃᓄᓕᒫᓄᑦ.

ᐅᕙᒍᑦ ᐃᒪᐃᓲᖑᕗᒍᑦ, ᑕᐃᒪᐃᒃᑲᓗᐊᖅᑎᓪᓗᒍ, ᑕᑯᔭᐅᔪᑦᓴᓕᐅᓲᖑᕗᑦ ᓇᐃᓈᖅᑎᖅᓯᒪᔪᓂᒃ ᕿᒥᕐᕈᒍᑎᒥᓂᓇᔭᑦᑎᓐᓂᒃ ᐅᕙᒍᑦ ᑕᑯᔭᑦᓴᓕᐊᓇᓯᒪᔭᖏᓐᓂᒃ ᐃᓄᓕᒫᓄᑦ ᖃᓇᑕᐅᔭᒃᑯᑦ ᐊᒻᒪᓗ ᐅᕙᒍᑦ ᐊᕐᕌᒍᑕᒫᖅᓯᐅᑎᑦᑎᓐᓂᒃ ᑐᓴᕋᑦᓴᓕᐊᓇᔭᑦᑎᓐᓂᒃ ᑲᓇᑕᐅᑉ ᑲᑎᒪᔨᕐᔪᐊᖏᓐᓄᑦ. ᑕᒪᒃᑯᐊ ᓇᐃᓈᖅᑎᖅᓯᒪᔪᑦ ᑎᑎᖅᑲᓕᐊᖑᔪᑦ **ᐃᓚᒍᑦᓯᐅᔾᔨᓯᒪᓲᖑᓐᖏᓚᑦ** ᓇᓗᓇᐃᖅᓯᔪᓂᒃ ᐃᓄᒻᒥᒃ ᑐᓴᕋᑦᓴᓕᐊᖑᔪᓂ ᐃᒪᐃᑐᓂᓪᓗ ᐃᒃᕕᑦ ᐊᑎᖓᓂᒃ, ᓇᒥᒥᐅᖑᒻᒪᖕᒐᖅᐱᑦ, ᐅᒃᕙᓗ ᐊᓯᖏᓐᓂᒃ ᓇᒻᒥᓂᓇᔭᐅᔪᓂᒃ ᓇᓗᓇᐃᔭᐃᔪᓂᒃ.

ᐊᑖᓃᑦᑐᑦ ᐱᒍᓐᓇᕐᓂᐅᔪᑦ ᑐᑭᓯᑎᑦᓯᒍᑎᐅᔪᓂᒃ ᒪᓕᒐᐃᑦ ᐅᒃᕙᓗ *ᑲᓐᖑᓇᖅᑐᓕᓇᓂᕐᒧᑦ ᒪᓕᒐᐃᑦ*, ᐃᓚᖏᑦ ᑐᓴᖅᑎᑦᓯᒍᑎᒋᔭᑦᑕ ᐱᒐᑦᓴᐅᑎᑕᐅᑐᐃᓐᓇᓇᐊᓖᑦ. ᑕᐃᒪᐃᑦᑐᖃᕐᓂᖅᑲᑦ, ᓇᒻᒥᓂᓇᔭᐅᔪᑦ ᐃᓄᒻᒧᖕᒐᔪᐃᑦ ᑐᑭᓯᑎᑦᓯᒍᑎᐅᔪᓂᒃ ᐲᖅᑕᐅᒐᔭᖅᑐᑦ ᑕᐃᒪᐃᒋᐊᖃᕐᒪᑦ.

ᐃᒃᕕᑦ, ᑭᒡᒐᑐᖅᑎᒋᔭᐃᑦ, ᐅᒃᕙᓗ ᑭᓇᑐᐃᓐᓇᖅ ᐅᓐᓂᓪᓘᑎᓕᐅᖅᑎᓯᒪᔪᖅ ᑖᑦᓯᒧᖓᑦᓴᐃᓐᓇᖅ ᐱᓂᕐᓘᑎᐅᓯᒪᔪᒧᑦ, ᖃᐅᔨᒪᑎᑦᓯᒍᓐᓇᕋᔭᖅᑐᖅ ᑐᓴᖅᑎᑦᓯᒍᑎᒥᒃ ᐊᓯᒥᓄᑦ ᐅᒃᕙᓗ ᐱᕙᓪᓕᐊᔪᓕᕆᔨᐅᔪᓄᑦ.

ᖃᓄᕐᓕ ᐅᕙᖓ ᓄᑖᒥᒃ ᖃᐅᔨᓴᖅᑕᐅᑎᑦᓯᕐᑯᔨᓕᕐᓂᕈᒪ ᐅᕙᖓ ᐃᓄᓐᓃᖕᒐᖅᑐᕐᑯᑎᒋᔭᖓᓂᒃ ᐅᓐᓂᓪᓗᑎᒋᔭᓐᓂᒃ?

ᕿᒥᕐᕈᓂᑐᐃᓐᓇᐅᔪᒥ, ᐅᕙᒍᑦ ᓄᑖᓂᒃ ᐊᐱᖅᓯᑎᑦᓯᒐᔭᓐᖏᑦᑐᒍᑦ ᐅᒃᕙᓗ ᓄᐊᑦᓯᒐᔭᓐᖏᑦᑐᒍᑦ ᓄᑖᓂᒃ ᖃᐅᔨᒃᑲᓂᕈᑎᑦᓴᐅᔪᓂᑦ. ᑕᐃᒪᐃᒃᑲᓗᐊᖅᑎᓪᓗᒍ, ᐱᒍᓐᓇᕐᓂᖅᑐᒍᑦ ᐊᐱᓇᓐᓇᖅᑕᕗᑦ ᐸᓖᓯᒃᑯᑦ ᖃᐅᔨᒐᓯᐊᒃᑲᓂᕐᑯᓪᓗᒋᑦ ᐅᒃᕙᓗ ᖃᐅᔨᒐᓯᐊᒃᑲᓂᕋᓯᐊᖓᕈᒪᓗᑕ ᓇᒻᒥᓂᖅ ᐅᕙᒍᑦ ᐃᓛᓐᓂᒃᑯᑦ ᑕᐃᒪᐃᒋᐊᖃᓪᓚᓇᓐᓂᖓ ᓇᓗᓇᓐᖏᑐᐊᖅᐸᑦ. ᐃᒃᕕᓪᓕ ᓇᒻᒥᓂᖅᓯᕐᓗᑎᑦ ᑐᑦᓯᕋᓇᐊᑐᓐᖏᓚᑎᑦ ᑕᐃᒪᐃᕐᑯᔨᓂᕈᕕᑦ. ᐃᒪᐃᒐᔭᕐᓂᖅᑲᑦ, ᕿᒥᕐᕈᔭᐅᔪᖅᑎᓪᓗᒍ, ᐅᕙᒍᑦ ᓇᓗᓇᐃᖅᓯᓕᕐᓂᕈᑦᑕ ᖃᐅᔨᒐᓯᐊᖅᑐᖃᒃᑲᓂᓇᐊᖃᓇᐊᖓᓂᒃ, ᖃᐅᔨᒃᑲᖅᑕᐅᒐᔭᖅᑐᑎᑦ.

ᖃᓄᑎᒌᕋᔭᖅᑲ ᕿᒥᕐᕈᔭᐅᓂᐅᔪᖅ?

ᓇᓗᓇᖅᑐᖅ ᓇᓗᓇᐃᖅᓯᒋᐊᖅ ᒥᑦᓴᐅᓴᓂᕐᒥᒃ ᖃᓄᑎᒌᕋᔭᕐᒪᖔᖅ ᐃᓕᓐᓅᖓᔪᖅ ᕿᒥᕐᕈᔭᐅᓂᐅᔪᖅ. ᑕᒪᓐᓇ ᖃᓄᑎᒌᕐᓂᖓ ᐊᑦᑐᐊᓂᖃᕐᒪᑦ ᐅᑯᓄᖓ:

ᖃᓄᑎᒋ ᐱᔭᕆᐊᑐᓂᖓᑕ ᑲᒪᒋᔭᐅᒍᑎᒋᔭᕕᑦ: ᑲᒪᒋᔭᐅᒍᑎᐅᔪᑦ ᓴᖅᑮᓯᒪᑉᐸᑕ ᐊᒥᓯᓂᒃ ᑎᑎᖅᑲᓂᒃ ᒪᑉᐱᒐᕋᓴᓗᓐᓂᒃ, ᐱᔭᕆᐊᑐᓂᖓᓄᑦ ᒪᓕᒐᕐᓄᑦ ᐊᑦᑐᐊᔪᐃᑦ, ᐅᒃᕙᓗ ᐊᒥᓲᓂᖏᓐᓄᑦ ᐱᓂᕐᓗᓐᓂᕋᐃᒍᑎᐅᔪᑦ ᐊᑯᓃᖅᑎᑦᓯᑲᓐᓂᕈᕐᓇᖅᑐᑦ.

ᐊᓯᖏᑦ ᒪᓕᒐᓕᕆᓂᕐᒨᖓᔪᐃᑦ ᑲᒪᒋᔭᐅᔪᑦ: ᐃᓛᓐᓂᒃᑯᑦ ᐅᑕᖅᑭᒋᐊᖃᖃᑦᑕᕈᓇᐅᔪᒍᑦ ᐊᑦᑐᐊᓂᖃᖅᑐᓂᒃ ᐃᖅᑲᖅᑐᐃᕕᒻᒧᑦ ᑲᒪᒋᔭᐅᔪᓂᒃ ᐱᔭᕇᖅᓯᐊᕆᓗᒋᑦ ᐅᕙᒍᑦ ᐱᒋᐊᓚᐅᓐᖏᓐᓂᖓᓂ ᕿᒥᕐᕈᔭᐅᑎᑦᓯᓂᕗᑦ.

ᐆᑦᑑᑎᒋᓗᒍ, ᑲᒪᒋᔭᐅᒍᑎᒋᔭᐃᑦ ᐊᑦᑐᐊᓂᖃᑐᐊᖅᑲᑦ ᓯᕐᑯᒥᑦᓯᓯᒪᓂᕐᒧᑦ ᒪᓕᒐᕐᓂᒃ, ᐅᑕᖅᑭᑐᐃᓐᓇᕆᐊᖃᖅᑐᒍᑦ ᓯᕐᑯᒥᑦᓯᓯᒪᓂᕐᒧᑦ ᒪᓕᒐᕐᓂᒃ ᑲᒪᒋᔭᐅᓃᑦ ᐱᔭᕇᖅᑕᐅᖅᑳᓚᐅᖅᑎᓪᓗᒍ ᐃᓱᒪᒋᓪᓗᒍ ᖃᐅᔨᔭᐅᒍᑎᐅᔪᐃᑦ ᐃᑉᐱᓐᓇᕈᓐᓇ- ᕐᓂᖏᓐᓄᑦ ᐅᕙᒍᑦ ᐃᓱᒪᖅᓴᖅᓯᐅᕈᑎᒋᒋᐊᓕᖏᓐᓄᑦ. ᐃᓛᓐᓂᒃᑯᑦ ᑲᒪᒋᔭᐅᒍᑎᐅᔪᓂ, ᐃᓱᒪᖅᓱᕐᕕᑦᓴᐅᓲᖑᓐᖏᓚᖅ.

ᖃᓄᑎᒌᕋᔭᕐᓂᖏᑦ ᐱᔭᐅᒐᓱᐊᕐᓂᖏᑦ ᑐᑭᓯᒍᑎᑦᓴᑲᓐᓂᐅᔪᑦ ᐸᓖᓯᒃᑯᓐᓂᒃ ᐅᒃᕙᓗ ᐊᓯᖏᓐᓂᒃ ᑲᒪᔨᐅᔪᓂᒃ: ᐃᓛᓐᓂᒃᑯᑦ ᐊᑯᓃᕐᓂᖃᓲᖅ ᐅᖓᑖᓄᑦ 30-ᐅᓪᓗᐃᑦ ᐱᔭᐅᒐᓱᐊᕐᓂᖏᓐᓂᒃ ᐃᓘᓐᓇᑎᒃ ᓄᐊᑕᐅᓯᒪᔪᑦ ᐸᓖᓯᒃᑯᓐᓄᑦ. ᐃᓚᓕᐅᑎᓗᒍ, ᐱᒋᐊᖃᕐᓂᕈᑦᑕ ᐊᓯᖏᓐᓂᒃ ᓄᐊᑕᐅᓯᒪᔪᓂᒃ - ᒪᑯᐊᒐᓚᐃᑦ ᐃᖅᑲᖅᑐᐃᕕᒻᒥ ᐅᖃᐅᓯᒥᓂᐅᔪᑦ ᑎᑎᕋᖅᑕᐅᓯᒪᔪᑦ - ᑕᒪᓐᓇ ᐊᑯᓃᖅᑎᑦᓯᑲᓐᓂᑐᐃᓐᓇᓇᐊᓕᒃ.

ᖃᐅᔨᒍᑎᒋᔭᕗᑦ ᕿᒥᕐᕈᔭᐅᑎᑦᓯᓂᓇᔭᑦᑎᓐᓂ: ᓇᓗᓇᐃᖅᓯᑐᐊᕐᓂᕈᑦᑕ ᐱᓂᕐᓗᓐᓂᒥᓂᐅᔪᓂᒃ ᐸᓖᓯᒃᑯᑦ ᑲᒪᑎᓪᓗᒋᑦ ᐃᓕᓐᓅᖓᔪᒥᒃ, ᐅᕙᒍᑦ ᑐᓂᓯᒋᐊᖃᖅᑐᒍᑦ ᐸᓖᓯᒃᑯᑦ ᑭᓪᓕᓯᓂᐊᖅᑎᖓᓄᑦ ᑐᓴᕋᑦᓴᓕᐊᓇᓯᒪᔪᒥᒃ ᓇᓗᓇᐃᔭᐃᔪᒥᒃ ᖃᐅᔨᔭᑦᑎᓐᓂᒃ ᐊᒻᒪᓗ ᐊᑐᓕᖅᑎᑕᐅᕐᑯᔭᑦᑎᓐᓂᒃ.

ᐅᕙᒍᑦ ᐅᑕᖅᑭᒋᐊᖃᖅᑐᒍᑦ ᑭᓪᓕᓯᓂᐊᖅᑎᐅᑉ ᑭᐅᒍᑎᒋᔭᖓᓂᒃ ᒥᑦᓴᓄᑦ ᑐᓴᖅᑎᑦᓯᒍᑎᒋᔭᑦᑕ ᐃᓕᓐᓄᑦ ᑐᓂᓯᓚᐅᓐᖏᓂᑦᑎᓐᓂ ᐅᕙᒍᑦ ᑭᖑᓪᓕᖅᐹᒥ ᑐᓴᕋᑦᓴᓕᐊᓇᔭᑦᑎᓐᓂᒃ.

ᐊᑲᐅᓈᖅᓯᒪᕐᑯᓪᓗᒍ, ᐊᑏ ᖃᐅᔨᒪᒋᐊᑦᓯᐊᓇᑦ ᐅᕙᑦᑎᓐᓄᑦ ᑐᓂᓯᓯᒪᑦᓯᐊᕋᓯᐊᓇᐊᖅ ᒫᓐᓇᐅᓕᖅᑐᖅ ᖃᐅᔨᒃᑲᖅᑕᐅᕕᒋᒍᓐᓇᑕᕐᓂᒃ ᓇᓗᓇᐃᔭᐃᔪᓂᒃ. ᑐᓂᓯᒍᓐᓇᕈᕕᑦ ᖃᓇᑕᐅᔭᒃᑯᑦ ᑐᑭᕈᑎᒥᒃ, ᐊᐅᓪᓚᑎᑦᓯᒍᓐᓇᕋᔭᖅᑐᒍᑦ ᖃᓇᑕᐅᔭᒃᑯᑦ ᐃᓕᓐᓄᑦ ᑭᖑᓪᓕᐹᖅᓯᐅᒻᒥᒃ ᑐᓴᖅᑎᑦᓯᒍᑎᐅᔪᒥᒃ.

ᑖᒃᑯᐊ ᑭᓪᓕᓯᓂᐊᖅᑎᑯᓐᓄᑦ ᑲᒪᔨᐅᔪᓄᑦ ᒪᓕᑦᑕᐅᒋᐊᓖᑦ ᐱᔭᑦᓴᐅᔪᑦ ᐅᕙᓐᖓᑦ.

ᐅᖃᖃᑎᖃᖃᑦᑕᕐᓂᖅ ᐃᖅᑲᓇᐃᔭᖅᑎᕐᑯᑎᑦᑎᓐᓂᒃ.

ᑖᒃᑯᐊ ᑭᓪᓕᓯᓂᐊᖅᑎᒃᑯᑦ ᑲᔪᓯᑎᑦᓯᓯᒪᑦᓯᐊᕈᒪᕗᑦ ᐅᖃᖃᑎᖃᖃᑦᑕᓂᕐᒥᒃ ᐃᓕᓐᓂᒃ ᐱᑦᓯᐊᖅᑕᖃᕐᓗᑎᒃ, ᐱᒻᒪᕆᐅᑎᑦᓯᓗᑎᒃ ᐊᒻᒪᓗ ᑲᒪᑦᓯᐊᕈᓯᖃᕐᓗᑎᒃ. ᑕᐃᒫᒃᓴᐃᓐᓇᖅ, ᐅᕙᒍᑦ ᑐᑦᓯᕋᕆᕗᒍᑦ ᐅᓐᓂᕐᓘᑎᓕᐅᔪᓂᒃ ᑕᐃᒫᑦᓴᐃᓐᓇᖅ ᐱᑦᓯᐊᖃᑦᑕᕐᑯᓪᓗᒋᑦ ᐃᖅᑲᓇᐃᔭᖅᑎᑎᓐᓂᒃ.

ᑐᑭᓯᒪᕗᒍᑦ ᐅᓐᓂᓪᓘᑎᐅᔪᓂᒃ ᐊᒻᒪᓗ ᕿᒥᕐᕈᔭᐅᒍᑎᐅᔪᓂᒃ ᑲᒪᒍᓯᐅᔪᑦ ᐊᒻᒪᓗ ᐱᔾᔪᑎᐅᔪᑦ ᓴᖅᑭᖅᑕᐅᑎᑦᓯᔪᑦ ᑕᒪᑦᓯᒪᓐᖓᑦ ᐅᓐᓂᕐᓘᑎᐅᔪᒥᒃ ᐊᑦᓯᕈᕐᓇᕈᓐᓇᕆᐊᖓ ᐃᓱᒪᒍᑦ. ᑕᐃᒪᐃᒃᑲᓗᐊᖅᑎᓪᓗᒍ, ᒪᓂᑐᐃᓐᓇᕐᕕᖃᖃᑦᑕᓚᖓᓐᖏᓚᒍᑦ ᐋᓐᓂᖅᑎᕆᔪᖃᓕᖅᑖᖅᑐᖃᕐᓂᖅᑲᑦ, ᐱᕋᔭᓐᓂᕐᒨᖓᔪᓕᑦᑖᖅᑐᖃᕐᓂᖅᑲᑦ ᐅᒃᑯᓗ ᐸᒃᕕᓴᑐᖃᓗᐊᑐᐊᕐᓂᖅᑲᑦ ᐅᒃᑯᓗ ᐅᖃᐅᓯᕐᓗᑦᑐᖃᓗᐊᑐᐊᕐᓂᖅᑲᑦ.

ᑖᒃᑯᐊ ᑭᓪᓕᓯᓂᐊᖅᑎᒃᑯᑦ ᐃᒪᐃᒋᐊᖃᖅᑐᑦ ᒪᓕᓪᓗᒋᑦ ᒪᓕᒐᐃᑦ ᐱᓂᕐᓗᑦᑕᐅᑦᑕᐃᓕᑎᑦᓯᓂᕐᒥᒃ ᐃᖅᑲᓇᐃᔭᖅᑎᓂᒃ ᒪᑯᓇᓐᖓᑦ ᐸᒃᕕᓴᑦᑕᐅᓂᒃᑯᑦ, ᐱᕋᔭᑦᑕᐅᓂᕐᒧᑦ ᐊᒻᒪᓗ ᐱᓂᕐᓗᑦᑕᐅᒐᔭᕐᓂᕋᐃᔪᓄᑦ ᖃᓄᐃᓕᐅᕈᓗᔭᖅᑐᓄᑦ. ᐊᑏ ᖃᐅᔨᒪᒋᐊᓇᑦ ᑕᐃᒫᒃ ᑕᐃᒪᐃᓕᐅᖏᓐᓇᖅᑐᖃᑐᐊᕐᓂᖅᑲᑦ ᑖᒃᑯᐊ ᑭᓪᓕᓯᓂᐊᖅᑎᒃᑯᑦ ᓄᖅᑲᑎᑦᓯᑐᐃᓐᓇᕆᐊᓖᑦ ᐅᖃᖃᑎᖃᖃᑦᑕᓂᕐᒥᒃ ᐅᒃᑯᓗ ᐅᖃᖃᑎᖃᖃᑦᑕᕈᓐᓃᕈᓐᓇᖅᑐᑦ ᐃᓪᓕᓐᓂᒃ ᐅᖃᖃᑎᖃᕈᓐᓇᑐᐃᓐᓇᓕᕐᓗᑎᒃ ᐅᖃᐅᔪᐃᓂᕐᒥᒃ ᖃᓄᐃᑕᐅᓂᒥᓂᖓᓄᑦ ᐅᓐᓂᕐᓘᑎᒋᓯᒪᔭᐃᑦ.

ᐃᓚᒍᑦᓯᐅᑎᒃᑲᓂᕐᓗᒋᑦ, ᐅᖃᓕᒪᓂᖅ ᐋᓐᓂᖅᑎᓇᒐᔭᕐᓂᕐᒥᒃ ᐅᒃᑯᓗ ᐊᓯᖏᓐᓂᒃ ᐱᑦᓯᐊᓐᖏᓐᓂᐅᔪᓂᒃ ᑲᒪᔪᖃᖅᑎᓪᓗᒍ ᐃᓄᓐᓃᖓᖅᑐᓂᒃ ᐅᓐᓂᕐᓘᑎᐅᔪᓂᒃ ᐅᖃᐅᓯᐅᑐᐃᓐᓇᕆᐊᓕᒃ ᐸᓖᓯᒃᑯᓐᓄᑦ ᐃᒻᒪᖃ ᐱᓂᕐᓗᓐᓂᐅᓂᕋᖅᑕᐅᓗᓂ ᒪᓕᒐᖅᑎᒍᑦ.

ᖃᓄᕐᓕ ᐊᐱᖅᑯᑎᑦᓴᖃᕐᓂᕈᒪ ᒥᑦᓵᓄᖓᔪᒥᒃ ᕿᒥᕐᕈᔭᐅᑎᑦᓯᒍᑎᒋᔭᒪ?

ᖃᐅᔨᒋᐊᕐᕕᖃᕈᓐᓇᖅᑐᑎᑦ ᐅᕙᑦᑎᓐᓄᑦ:

ᖃᓇᑕᐅᔭᒃᑯᑦ ᖃᐅᔨᒋᐊᕐᕕᕐᑯᑎᑦᑎᓐᓂ:

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613-952-8045

ᑎᑎᖅᑲᓂᐊᕐᕕᒃᑯᑦ ᑐᕌᕈᑎ:

ᐃᓄᓐᓄᑦ ᕿᒥᕐᕈᔭᐅᑎᑦᓯᓂᕐᒨᖓᔪᓂᒃ ᐊᒻᒪᓗ ᐅᓐᓂᕐᓘᑎᐅᔪᓄᑦ ᑭᓪᓕᓯᓂᐊᖅᑎᒃᑯᑦ ᐸᓖᓯᒃᑯᓐᓄᑦ ᑎᑎᖅᑲᓂᐊᕐᕕᒃᑯᑦ 172, ᑐᕌᕈᑎᖓ ᐋᑐᐋ, ᐊᓐᑎᐅᓇᐅ K1P 0B3